

Senior First Aid (Apply First Aid)

Course Summary

This course is accredited and approved by NSW WorkCover, SafeWork SA and is also nationally approved and accredited by VETAB, the Vocational Education & Training Accreditation Board.

It is designed for those who require training that conforms to the recommendations of the Australian Resuscitation Council and provides the knowledge and skills to provide first aid response, life support, management of the casualty(s) and resuscitation.

This course incorporates the content of: HLTCPR201A Perform CPR

HLTFA201A Provide Basic Emergency Life Support

National Course Code

HLTFA301B Apply First Aid (from the Health Training Package HLT07)

Delivery Options

The expected duration to complete this course is 16 hours training and assessment.

Students are to complete the theory via self-paced learning using either our on-line courses or we can send out a workbook and manual. Upon completion of the theory students are required to attend 6 hours of face to face practical learning and assessment.

A refresher course is available for students who hold a current Apply First Aid certificate.

We can also still deliver the traditional two day face to face course.

Content

- The principals of first aid
- Basic OH&S requirements
- Infection control
- The Chain of Survival
- First aider's skills & limitations
- Understanding the use of an Automated External Defibrillator
- Abdominal injuries
- Allergic reactions
- Bleeding & Burns
- Cardiac arrest & chest pain
- Casualty with NO signs of life
- Chest pain
- Choking & airway obstructions
- Injuries to the body
- Bites and stings
- Environmental injuries
- Medical conditions
- Near drowning
- Poisoning and toxic substances
- Respiratory distress
- Seizures, shock & stroke
- Substance misuse
- Stress management techniques
- Social and legal issues

Award Issued

Statement of Attainment & Wallet Card in HLTFA301B – Apply First Aid

Valid for three (3) years from the completion date

Prerequisites

Participants must be 14 years or older