

Resuscitation (Perform CPR)

Course Summary

This course is designed for those who require training that conforms to the recommendations of the Australian Resuscitation Council and provides the knowledge and skills to perform Cardio Pulmonary Resuscitation (CPR).

National Course Code

HLTCPR201A Perform CPR (from the Health Training Package HLT07)

Duration

The expected duration to complete this course is 3 hours training plus assessment.

Content

- Principles of first aid
- D.R.A.B.C.D Action Plan
- Assess vital signs
- Recognise the need for CPR
- CPR techniques
- Understanding the use of an Automated External Defibrillator (AED)
- Reporting and recording an emergency

Award Issued

Statement of Attainment & Wallet Card

Valid for one year from completion date

Prerequisites

Participants must be 14 years or older