HLTAID001 Provide cardiopulmonary resuscitation course description



About this unit of	Description of Provide cardiopulmonary resuscitation course:
competency	This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in
	line with the Australian Resuscitation Council (ARC) Guidelines.
	This unit applies to all workers who may be required to provide CPR, in a range of situations, including
	community and workplace settings.
	Applicable Industries:
	Emergency responders
	Childcare
	• Education
	Medical professionals
	Construction
	Many more
Training Program	This Provide cardiopulmonary resuscitation course is delivered as a 4 hour face-to-face training session,
Trailing Program	plus breaks.
	pius breaks.
	We offer weekly public attendance first aid courses at our Mayfield West training centre or we can come
	to your workplace.
	to your workplace.
	If your organisation is interested in a private / in-house booking to have this course delivered to a group
	of staff, please contact our head office to discuss booking options. The delivery can be programmed to fit
	in with your staff and company schedule, at your venue or ours.
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Assessment	Physical Requirements:
requirements	It is important to note that this CPR element of this course requires a level of physical ability to complete
requirements	practical assessments. All students are required to perform 2 minutes of CPR on an adult manikin and
	baby manikin on the floor. If your health or fitness will not allow you to demonstrate this, you will not be
	awarded a nationally accredited certificate for HLTAID003 Provide first aid. We can however issue a non
	accredited certificate of attendance for First aid.
	Language Skills:
	All students must be able to demonstrate an accurate verbal report which would be given to emergency
	services and workplace supervisor.
Payment options	In order to secure your seat in the course, payment must be made at the time of enrolment.
	We offer the follow payment options to students our public courses:
	Credit card
	• EFT
	Cash
Language, Literacy	This course combines plain English, videos, photos, and questioning to ensure all learners are able to
& Numeracy	have the best possible chance at comprehending the required knowledge and developing first skills that
requirements	will be needed in an emergency. If you believe you will need assistance due to your Language, Literacy or
	Numeracy skills, please <u>contact our head office</u> before enrolling to discuss your training needs.
Identification	All students must bring ID with them to the training course. Photo ID is the minimum requirement (e.g.
	Drivers Licence, Passport or similar).

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Delivery and Assessments

Students attend a 4 hour face to face program to demonstrate their knowledge and skill with an approved assessor. A summative assessment is conducted and recorded at this time.

Learners will be assessed on the following topic areas Skills:

- Safe manual handling
- Identify hazards
- Perform CPR (2 consecutive minutes each on an infant and adult manikin)
- Unpack an use an AED
- Place a casualty in the recovery position
- Complete an incident report log
- Conducted a visual and verbal assessment of the casualty
- Post-incident debrief and evaluation
- Provided an accurate verbal or written report of the incident

Knowledge topics:

- Regulations/codes of practice
- Safe work practice
- Legal considerations in first aid
- Basic anatomy and physiology
- Considerations when providing CPR
- Chain of survival
- Correct use of the AED
- infection control principles and procedures, including use of standard precautions
- requirements for currency of skill and knowledge
- duty of care requirements
- respectful behaviour towards a casualty
- own skills and limitations
- consent
- privacy and confidentiality requirements
- importance of debriefing
- considerations when providing first aid including:
- airway obstruction due to body position
- appropriate duration and cessation of CPR
- appropriate use of an AED
- chain of survival
- standard precautions

Training materials and resources

On the day of the training course, learners will have access to our training equipment:

- <u>adult</u> and <u>infant</u> resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures
- first aid equipment including:
 - o an AED training device
 - o workplace injury, trauma and/or illness record, or other appropriate workplace incident report form for written reports

Assessment submission process, support and outcomes

Assessment Outcomes: Competent or Not Competent

For any learner who is unable to satisfactorily complete all assessment tasks, the assessor will attempt to make reasonable adjustments to the methods of assessment. If the learner is deemed not competent, they will need to re-sit the training course and additional fees will apply.

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Recognition of Prior Learning	Students choosing to undertake RPL will need to be sent an RPL guide for their course. In order to be eligible for RPL, the student must demonstrate <i>currency</i> in that particular subject. I.e. a student cannot submit evidence from 5 years prior and request it be applied directly to their new competency. They must show how they have since applied those skills and that they are current.
Course completion	Once assessed in all areas of the course and competency demonstrated, learners will be issued a Statement of Attainment for HLTAID001 Provide cardiopulmonary resuscitation. This Unit of Competency is Nationally Recognised Training from Health Training Package and it is recommended that it is updated annually by the Australian Resuscitation Council.