

About this unit of competency	Description of Provide first aid in an education and care setting course: This unit describes the skills and knowledge required to provide a first aid response to infants, children and adults in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies. This unit applies to a range of workers within an education and care setting who are required to respond to a first aid emergency, including asthma and anaphylactic emergencies. This includes early childhood workers and educators who work with school age children in outside school hours care and vacation programs. Applicable Industries: Emergency responders Childcare Education Medical professionals Vacation care/after school care Many more
Training Program	This Provide First Aid in an education and care setting course is delivered as a 10 hour face-to-face training session, plus breaks. We offer weekly public attendance first aid courses at our Mayfield West training centre or we can come to your workplace. If your organisation is interested in a private / in-house booking to have this course delivered to a group of staff, please contact our head office to discuss booking options. The delivery can be programmed to fit in with your staff and company schedule, at your venue or ours.
Assessment requirements	Physical Requirements: It is important to note that this CPR element of this course requires a level of physical ability to complete practical assessments. All students are required to perform 2 minutes of CPR on an adult, child and infant manikin on the floor. If your health or fitness will not allow you to demonstrate this, you will not be awarded a nationally accredited certificate for HLTAID012 Provide First Aid in an education and care setting. We can however issue a non-accredited certificate of attendance for First aid. Language Skills: All students must be able to demonstrate an accurate verbal report which would be given to emergency services and workplace supervisor.
Payment options	In order to secure your seat in the course, payment must be made at the time of enrolment. We offer the follow payment options to students our public courses: • Credit card • EFT • Cash
Language, Literacy & Numeracy requirements	This first aid course combines plain English, videos, photos, and questioning to ensure all learners are able to have the best possible chance at comprehending the required knowledge and developing first skills that will be needed in an emergency. If you believe you will need assistance due to your Language, Literacy or Numeracy skills, please <u>contact our head office</u> before enrolling to discuss your training needs.
Identification	All students must bring ID with them to the training course. Photo ID is the minimum requirement (e.g. Drivers Licence, Passport or similar).





Delivery and Assessments

This course is made up of online learning with formative assessment, allowing a student to complete self-paced learning. The duration of this online learning is dictated by the students' knowledge, previous training, and LLN competence.

Students then attend a 10 hour face to face program to demonstrate their knowledge and skill with an approved assessor. A summative assessment is conducted and recorded at this time.

Learners will be assessed on the following topic areas Skills:

• managed, in line with ARC guidelines, the unconscious, breathing casualty including appropriate positioning to reduce the risk of airway compromise

Managed, in line with ARC guidelines, the unconscious, non-breathing adult, including:

- performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
- following the prompts of an automated external defibrillator (AED) to deliver at least one shock
- demonstrating a rotation of single rescuer operators with minimal interruptions to compressions
- responding appropriately in the event of regurgitation or vomiting

Managed, in line with ARC guidelines, the unconscious, non-breathing child, including:

 performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on a child resuscitation manikin placed on the floor

Managed, in line with ARC guidelines, the unconscious, non-breathing infant, including:

• performing at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface

Managed casualties, with the following:

- anaphylaxis
- asthma
- non-life-threatening bleeding
- choking
- envenomation, using pressure immobilisation
- fractures, dislocations, sprains and strains, using appropriate immobilisation techniques
- · minor wound cleaning and dressing
- nosebleed
- shock

Responded to at least one simulated first aid incident contextualised to the candidate's workplace or site, where the candidate has no knowledge of the casualty's condition prior to starting treatment, including:

- identifying the casualty's illness or injury through history, signs and symptoms
- using Personal Protective Equipment (PPE) as required
- providing appropriate first aid treatment
- conveying incident details to emergency services or advising casualty on any required post incident action
- providing an accurate verbal and written report of the incident
- reviewing the incident.

Knowledge topics:

Guidelines and procedures including:

- ARC guidelines relevant to the provision of first aid to infants, children and adults
- first aid guidelines from Australian national peak clinical bodies
- potential incident hazards and risk minimisation processes when providing first aid
- infection control procedures, including use of standard precautions and resuscitation barrier devices



- requirements for currency of skill and knowledge
- first aid codes of practice
- appropriate workplace or site procedures relevant to the provision of first aid
- contents of first aid kits

Legal, workplace and community considerations, including:

- first aid requirements for services under the Education and Care Services National Law
- State or Territory regulations covering first aid in an Education and Care setting
- duty of care requirements
- own skills and limitations
- consent, including situations in which parental or caregiver consent is required
- privacy and confidentiality requirements
- awareness of potential need for stress management techniques and available support for rescuers and children

Considerations when providing CPR, including:

- upper airway and effect of positional change
- appropriate duration and cessation of CPR
- appropriate use of an AED, including specific considerations when using an AED on children
- safety and maintenance procedures for an AED
- chain of survival
- how to access emergency services

Techniques for providing CPR to adults, children and infants including:

- how to recognise that a casualty is unconscious and not breathing normally
- rate, ratio and depth of compressions and ventilations
- correct hand positioning for compressions
- basic anatomy, physiology and the differences between adults, children and infants relating to CPR

Signs, symptoms and management of the following in children:

- allergic reaction
- anaphylaxis
- asthma
- non-life-threatening and life-threatening bleeding
- breathing difficulties
- burns
- choking
- diabetes
- dehydration
- drowning
- envenomation all current treatments
- eye injuries
- febrile convulsions
- feve
- fractures, dislocations, sprains and strains
- head, neck and spinal injuries
- hypothermia
- hyperthermia
- minor wounds
- pain
- shock
- nose-bleed
- poisoning
- seizures
- vomiting and diarrhoea

Identification and management of a sick infant or child including:

general signs and symptoms of acute illness in children and infants



	 referral and advice services including recognition of signs or symptoms requiring immediate ambulance response emergency action plans for known medical conditions including Asthma and Anaphylaxis age appropriate communication and distraction techniques first aider response to basic physiological differences in children.
Training materials and resources	On the day of the training course, learners will have access to our training equipment: • emergency action plans • adult, child and infant resuscitation manikins following ARC guidelines for the purpose of assessment of CPR procedures • adrenaline auto-injector training device • AED training devices • workplace first aid kit • placebo bronchodilator and a spacer device • different types of wound dressings and bandages • blankets and items to treat for shock • personal protective equipment (PPE) • workplace injury, trauma and/or illness record, or other applicable workplace or site incident report form.
Assessment submission process, support and outcomes Recognition of Prior Learning	Assessment Outcomes: Competent or Not Competent For any learner who is unable to satisfactorily complete all assessment tasks, the assessor will attempt to make reasonable adjustments to the methods of assessment. If the learner is deemed not competent, they will need to re-sit the training course and additional fees will apply. Students choosing to undertake RPL will need to be sent an RPL guide for their course. In order to be eligible for RPL, the student must demonstrate currency in that particular subject. I.e. a student cannot submit evidence from 5 years prior and request it be applied directly to their new competency. They must show how they have since applied those skills and that they are current.
Course completion	Once assessed in all areas of the course and competency demonstrated, learners will be issued a Statement of Attainment for HLTAID012 Provide First Aid response in an education and care setting. This Unit of Competency is Nationally Recognised Training from Health Training Package and it is recommended that it is updated three yearly.